

BOWLS KENT COACHING ASSOCIATION

COACHING/ REFRESHER SEMINARS FOR COACHES WITHIN KENT

**Dartford Stone Lodge IBC,
Cotton La, Dartford DA2 6PD**

on

Sunday 30 April 2017

Start by 10am – finish approx. 4pm

And

Ashford IBC

Victoria Park/Jemmett Rd, Ashford TN23 4QD

On

Sunday 24 September 2017

Start by 10am – finish approx. 4pm

The Seminars will include the following topics

Head Freezing

Basic Delivery Techniques

Basic Marking skills and Measuring skills to bring on the skills of players prior to them doing an official course

Basic Skills for Bowlers

Assisting the Bowler with Disabilities – techniques to use to help a bowler in a wheelchair, use of Bowling Arm etc